

10 April: Engaging & Stretching

All books change us in some way, some more than others. We can learn more about ourselves and about the world we live in through reading. Leaving our comfort zone can be challenging or energizing or enlightening. Sometimes it's all three at once.

LIST OF WORKS DISCUSSED OR REFERENCED IN TODAY'S LECTURE

Robert Bringhurst & Jan Zwicky. *Learning to Die: Wisdom in the Age of Climate Crisis*. 2018.

June Callwood. *Jim: A Life with Aids*. 1988.

Darrel J. McLeod. *Mamaskatch: A Cree Coming of Age*. 2018.

Timothy Snyder. *On Freedom*. 2024.

John Vaillant. *Fire Weather: The Making of a Beast*. 2023.

The following prayer and poems may be accessed on the web:

Raymond Carver. "Late Fragment."

Dan Gerber. "Only this Morning."

William Ernest Henley. "Invictus."

Mary Oliver. "The Summer Day."

Cole Arthur Riley. "Prayer: For Beauty in the Mundane."

Jalaluddin Rumi. "The Guest House."

Edna St. Vincent Millay. "Love is Not All" (Sonnet XXX).

David Whyte. "Start Close In."