

Resources: Women and Sport

Major Organizations

- Canadian Women and Sport
- Tucker Centre
- IOC
- Women's Sport Foundation
- Play it Forward Sport

Representation

- [Why Women Coaches Matter](#) – Tucker Centre
- [Benefits of Gender Equity](#) – CWS
- [Diversity and Inclusion in Coaching](#) – CAC
- <https://globalsportmatters.com/research/2023/06/16/importance-coaching-her/>
- <https://sirc.ca/inclusion/gender-equity/> - SIRC

Governance and Policies

- [Gender Equity Policy Template and Implementation Guide](#) – CWS
- [Building Inclusive Governance – A toolkit for not-for-profit boards](#) – Ryerson University
- [Building Inclusive Boards to Achieve Gender Equality](#) – UN
- [Board Diversity Policy Template](#) – Osler

Strategies and Operations

- [Same Game](#) Online Toolkit – CWS
- [Gender Equity](#) Planning Worksheet – CWS

Coach Development Pathways

- [Women in Coaching – Recruitment and Retention](#) – CAC
- [Athletic Administration Best Practices of Recruitment, Hiring and Retention of Female Collegiate Coaches](#) – Tucker Centre
- [50 Ways to Fight Gender Bias](#) – Lean In
- [20 Cognitive Biases That Affect Your Decision Making](#) – Life Hacker

Capacity Building and Training

- [Gender Equity LENS E-Learning Module](#) – CWS
- [Keeping Girls in Sport E-Learning Module](#) – Jumpstart, CWS, CAC
- [maximize the impact of gender equity, diversity and inclusion training](#)
- [She Belongs: Building Social Connection for Lasting Participation in Sport](#) – CWS
- [Engaging Newcomer Girls & Women: Physical Activity & Sport Handbook](#) – CWS
- [Unconscious Bias Training Module](#) – Canada Research Chairs

Environment and Culture

- [10 Ways to Create a Sport Culture for Valuing Women Leaders](#) – Tucker Centre
- [Prevalence of Maltreatment Among Current and Former National Team Athletes](#) – AthletesCAN and UofT

Programs and Initiatives

- [Female Coach Mentorship Model](#) – CAC, CWS
- [How to Apply a Gender LENS to Decision Making](#) – CWS
- [Communities of Practice: A how-to model for building social learning spaces](#) – CAC

Funding and Resources

- [NSO Grants: Equity, Diversity & Inclusion](#) – CAC
- [WISE Fund Grant](#) – CWS
- [Gender Equity in Recreational Sport Community Grant](#) – CPRA
- [E-Learning on Pay Equity](#) – Pay Equity Commission

Marketing and Communications

- [Inclusive Language Guide](#) – University of Victoria
- [Communication Plan Worksheet](#)– CWS
- [Shifting the Narrative About Women Sport Coaches](#) – Tucker Centre
- [A Practical Handbook on Accessible Graphic Design](#) – Accessibility
- [Discussing Trans and Gender-Diverse People: a Media Reference Guide](#) – The 519

Measuring and Celebrating Success

- [Collecting and Analyzing Data – Reflection](#) – CWS
- [Organizing a Focus Group or Community Consultation](#) – CWS
- [Monitoring and Evaluation Plan Worksheet](#) – CWS
- [Reflecting on Your Findings](#) – CWS

For more statistics on gender equity in coaching, follow the links below:

- [Underrepresentation of women in sport leadership: A review of research](#)
- [Key Considerations for Advancing Women in Coaching](#)
- [The Alberta Women in Sport Leadership Project: A Social Learning Intervention for Gender Equity and Leadership Development](#)
- [Developing female coaches: Strategies from women themselves](#)

Stepping up to get more women into the game: What organizations can do to support women in coaching

<https://womenandsport.ca/stepping-up-to-get-more-women-into-the-game-what-organizations-can-do-to-support-women-in-coaching/>